Area of Experience: Science

Science

At Junior Certificate level the student can:

1	The Non-Living Environment Describe the characteristics and structures of different materials and	000
2	explain how they change under different conditions The Living Environment	000
_	Describe a range of plant and animal life and explain their connection with the wider environment	
3	The Human Body	000
	Describe some of the major systems of the human body and explain their links with health	
4	Energy and Control Name sources of energy and describe ways in which energy can be	000
5	transferred and used Human Biology	000
3	Describe some of the major systems of the human body and have an understanding of food and health	
6	Physics 1	000
7	Understand the concept of measurement of Force, Energy and Heat Chemistry 1	000
,	Recognise different substances and carry out separation techniques	
8	Chemistry 2	000
9	Understand some of the key principles of the chemistry of air and water Plant Biology Understand and identify the structure, functions and processes of a	000
	typical flowering plant	000
10	Physics 2 Understand the concepts of magnetism, electrical conduction and the main properties of light	

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Area of Experience: Science

Science

At Junior Certificate level I can:

11 Chemistry 3 Recognise different substances and carry out separation techniques	000
12. Chemistry 4 Recognise different substances and carry out separation techniques	000
13. Chemistry 5 Recognise different substances and carry out separation techniques	000
14 Environmental Biology Describe a range of plant and animal life and explain their connection with the wider environment	000
15 Human Biology 2 Describe some of the major systems of the human body and explain their links with health	000
16 Human Biology 3 Describe some of the major systems of the human body and explain their links with health	000
17 Human Biology 4 Describe some of the major systems of the human body and explain their links with health	000
18 Plant Biology Understand and identify the structure, functions and processes of a typical flowering plant	000
19 Physics 3 Understand the concepts of Energy and Energy Conversions	000
20 Physics 4 Understand the concepts of Heat, Light and Sound	000
21 Physics 5 Understand the concepts of Magnetism , Electricity and Electronics	000

Work begun	■□□ Work in progress	■■□ Work completed	
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The Non-Living Environment



Statement Code no: 1

Student: Class:

At Junior Certificate level the student can:

Describe the characteristics and structures of different materials and explain how they change under different conditions

	Date Commenced: OO/OO/OO Date Awarded: OO	0/00/00
Le	earning Targets - This has been demonstrated by your ability to	0:
1	Follow instructions promptly and carefully	000
2	Do an experiment to change ice to water, water to ice, water to steam and steam to water	000
3	Draw a labelled diagram of a thermometer. Use a thermometer to measure and record	000
4	Do an experiment to find suitable liquids which will dissolve different solids	000
5	Separate mixtures using filtration, evaporation and distillation	000
6	Name some common acids, alkalis and neutral substances and use simple indicators to show the difference between them	000
7	Place some household liquids correctly on a pH chart	000
8	Name six different metals. Describe them and say how each one is used in everyday life	000
9	Draw the fire triangle. Name the different fire types and say how to extinguish each type. List the safety rules for dealing with fire	000
10	Draw and label a diagram of the water cycle. Describe how water is treated to make it safe for drinking	

Work begun O O Work in progress O O Work completed O O	Work begun OO Work in progress	s Work completed
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The Living Environment

Science

Statement Code no: 2

Student:	Class:
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At Junior Certificate level the student can:

Describe a range of plant and animal life and explain their connection with the wider environment

	Date Commenced: OO/OO/OO Date Awarded: OC)/00/00
	earning Targets: Select any 10 objectives to whis has been demonstrated by your ability to:	ork on
1	Name and recognise the leaves of five common Irish trees and five common flowers	000
2	Draw and label the parts on a simple plant: stem, root, leaf and flower	000
3	Describe the functions of a stem, root, leaf and flower	
4	Explain how leaves make food and discuss the importance of this	
5	Germinate some seeds and describe what happens during the germination	000
6	Name and identify five common creatures from any two of the following groups: birds, insects, domestic animals and wild animals	000
7	Name the different types of habitat of three different Irish plants and animals, giving examples of each	000
8	Explain how a plant or animal is adapted to its habitat	000
9	Name some of the plants and animals which provide food for humans and are important in agriculture, business, medicine and leisure	000
10	Explain the idea of food chains, giving examples of where different animals and plants fit in	000
11	List and give the function of different soil parts. Do two simple experiments on soil	000
12	Suggest ways in which humans can improve or harm the environment and suggest some ways of protecting it	000
13	Name the three types of micro-organism. State the main uses and/or harmful effects of bacteria, viruses and fungi to living things	000
14	Discuss risks and benefits of vaccination on small babies	000
15	Visit a habitat, make observations and measurements, collect samples and report your findings	000
16	Use the microscope correctly to examine a number of samples	000
17	Do one experiment to show how micro-organisms are used in the making of foods such as: yoghurt, beer, bread, cheese etc.	000

Work begun 🔵 🔾 🔘 Work in progress	■ □ □ Work completed ■ ■ ■

The Human Body



Statement Code no: 3

Student: Class:

At Junior Certificate level the student can:

Describe some of the major systems of the human body and explain their links with health

	Date Commenced: OO/OO/OO Date Awarded: OC	0/00/00
Le	earning Targets - This has been demonstrated by your ability to):
1	Measure one of the following: heartbeat, lung capacity, body temperature pulse before and after activity; or show the presence of carbon dioxide in exhaled breath	
2	Name each of the five sense organs and give their functions	000
3	Describe how the skeleton and muscles support, protect and move the body	000
4	Understand the importance of the breathing system, its parts and their functions	000
5	Name the major parts of the breathing system	000
6	Label a diagram of the heart and say how it works	000
7	Explain the functions of blood and blood vessels	000
8	Label a diagram of the kidneys and explain how they work	000
9	Explain what a balanced diet is and its importance for physical health	000
10	Name and list some good sources of the five food types	000
11	Explain the effects of lifestyle on physical health (smoking, drugs etc.)	000
12	Discuss risks and benefits of vaccination on small babies against diseases such as polio, whooping cough, measles etc.	000

Work begun	Work in progress	Work completed	

Energy and Control



Statement Code no: 4

Student: Class:

At Junior Certificate level the student can:

Name sources of energy and describe ways in which energy can be transferred and used

	Date Commenced: OO/OO/OO Date Awarded: OC	0,00,00
Le	earning Targets - This has been demonstrated by your ability to):
1	Explain the difference between renewable and non-renewable sources of energy. Give three examples of each	000
2	Identify ways in which energy is used in the home, explain how they work and say which (if any) is used in your home for heating	000
3	Name three ways in which heat can be transferred, explain how they work and give examples of each	000
4	Suggest ways of conserving energy in the home. Describe the different methods of using insulation	000
5	Study a copy of an ESB bill and show how to calculate the total bill amou	ınt
6	Set a simple circuit showing the flow of electricity	000
7	Wire a plug. Make a labelled sketch of the inside of a wired plug showing the correct colours of wire	000
8	Name two metals that are attracted by magnets and two that are not. Describe what happens when two magnets are brought near each other. Draw a compass and explain how it works	000
9	Do an experiment to show that light travels in a straight line	000
10	Recognise and understand the dangers shown by the basic hazard warning symbols	000
11	Handle safely all equipment and substances	000

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Statement Code no: 5

Student: Class:

At Junior Certificate level the student can:

Describe some of the major systems of the human body and have an understanding of food and health

	Date Commenced: OO/OO/OO Date Awarded: OO	0/00/00
Le	earning Targets - This has been demonstrated by your ability to	0:
1	Recall that a balanced diet has six nutrients: carbohydrates, fats, proteins vitamins, minerals and water	s, 000
2	Describe a food pyramid and give examples of each type of food recommended in a balanced diet	000
3	Carry out food tests for starch, sugar and fat	000
4	Read and interpret the energy values indicated on food product labels and compare the energy content per 100g of a number of foods	000
5	Identify and locate the major parts of the digestive system including the mouth, food pipe, stomach, small intestine, large intestine and know their functions	000
6	Identify molars, premolars, canines and incisors and describe their functions	000
7	Investigate the action of the enzyme in saliva on starch	000
8	Understand the release of energy from food	000
9	Describe the function and composition of blood	000
10	Demonstrate the effect of exercise and rest on pulse and breathing rate and understand that a balance of each promotes good health	000
11	Recall that the average pulse rate for an adult at rest is 70 b.p.m., and explain why exercise results in increased pulse and breathing rates	000
12	Recall that the normal temperature of the human body is 37 degrees centigrade, and understand that illness may cause a change in body temperature	000

Work begun	Work in progress	● ● ○ v	Work completed	



Statement Code no: 6

Student: Class:

At Junior Certificate level the student can:

Understand the concept of measurement of Force, Energy and Heat

	Date Commenced: OO/OO/OO Date Awarded: OC	0/00/00
Le	earning Targets - This has been demonstrated by your ability to):
1 2 3	Measure length, area, mass and time using the correct instruments Measure the volume of regular and irregular objects Perform an experiment to show that the air has mass and occupies space	
4	Investigate examples of friction and the effects of lubricants using practical everyday examples	000
5	Name six sources of energy	
6	Classify sources of energy into renewable and non-renewable	
7	Investigate experimentally the expansion of solids, liquids and gases when heated	000
8	Use a thermometer to measure and record different temperatures	000
9	Carry out experiments that involve changes of state: from solid to liquid and liquid to solid, and from liquid to gas and gas to liquid.	000
10	Identify six examples of energy conversion from everyday experience	000

Refer also to: Art, Home Economics, Personal and Social Development, Physical Education.

Work begun OO | Work in progress OO | Work completed



Statement Code no: 7

Student: Class:

At Junior Certificate level the student can:

Recognise different substances and carry out separation techniques

	Date Commenced: OO/OO/OO Date Awarded: C	00/00/00
Le	earning Targets - This has been demonstrated by your ability	to:
1	Follow instructions with accuracy and care	000
2	Perform an experiment to demonstrate knowledge of the three states of matter	000
3	Perform an experiment to show the solubility of substances in water	000
4	Separate mixtures using filtration	000
5	Separate mixtures using evaporation	000
6	Separate mixtures using distillation	000
7	Separate colours using paper chromatography	000
8	Grow crystals using alum or copper sulphate	000
9	Use litmus or a universal indicator to test a variety of solutions and classify these as acidic, base or neutral	000
10	Investigate the pH of a variety of materials using the pH scale	000

Refer also to: Art, Home Economics, Personal and Social Development, Physical Education.

Work begun OO | Work in progress OO | Work completed



Statement Code no: 8

Student: Class:

At Junior Certificate level the student can:

Understand some of the key principles of the chemistry of air and water

	Date Commenced: OO/OO/OO Date Awarded: OC	0/00/00			
Learning Targets - This has been demonstrated by your ability to:					
1	Understand that air is a mixture of gases and show some knowledge of it's make-up	000			
2	Demonstrate and describe what happens when (i) a wooden splint and (ii) a piece of magnesium are burned in air	000			
3	Investigate the ability of oxygen to support combustion	000			
4	Describe how a sample of oxygen is prepared, naming chemicals and apparatus used	000			
5	Describe how a sample of carbon dioxide is prepared, naming chemicals and apparatus used	000			
6	Carry out simple tests to show the presence of carbon dioxide using limewater or candles	000			
7	Test a sample of water for hardness	000			
8	Test a sample to show the presence of dissolved substances in water	000			
9	Draw the water cycle and describe the key stages in the treatment of water to make it suitable for drinking	000			
10	Carry out an experiment to show that oxygen and water are required for rusting	000			

Work begun O O Work in progress O O Work completed O O
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Plant Biology



Statement Code no: 9

Student: Class:

At Junior Certificate level the student can:

Understand and identify the structure, functions and processes of a typical flowering plant

	Date Commenced: OO/OO/OO Date Awarded: OC	0/00/00
Le	earning Targets - This has been demonstrated by your ability to	:
1	Draw one example of a plant cell, identifying the nucleus, cytoplasm and cell wall and indicate the position of the cell membrane	000
2	Identify and understand the functions of the main parts of a microscope and use it to examine a plant cell	000
3	Prepare a slide from plant tissue and sketch the cells under magnification	000
4	Identify the main parts of a typical flowering plant and their functions; the root, stem, leaf and flower	000
5	Locate and identify the main parts of the flower: sepals, petals, carpel and stamen	000
6	Understand how to use a simple key to identify plants	000
7	Describe, using a word equation, how plants make their own food through photosynthesis	000
8	Show that starch is produced by a photosynthesising plant	000
9	Investigate the growth response of plants to light	000
10	Investigate the conditions necessary for germination	000

Refer also to: Art, Home Economics, Personal and Social Development, Physical Education.

Work begun OO | Work in progress OO | Work completed



Statement Code no: 10

Student: Class:

At Junior Certificate level the student can:

Understand the concepts of magnetism, electrical conduction and the main properties of light

	Date Commenced: OO/OO/OO Date Awarded: OC)/00/00
Le	earning Targets - This has been demonstrated by your ability to	c
1	Identify north and south poles of a magnet by simple experiments	000
2	Carry out experiments to show attraction and repulsion between magnets Test a variety of materials for magnetism	000
4	Show understanding of the term magnetic field and plot the magnetic field of a bar magnet	000
5	Test electrical conduction in a variety of materials, and classify each material as a conductor or an insulator	000
6	Describe how to wire a plug correctly and explain the safety role of a fuse or circuit breaker in domestic electric circuits	000
7	Understand that light is a form of energy, which can be converted to other forms of energy	000
8	Show that light travels in straight lines and explain how shadows are formed	000
9	Investigate the reflection of light by plane mirrors	000
10	Demonstrate and explain the operation of a simple periscope	000
11	Understand that white light is made up of different colours, by producing a spectrum of white light using appropriate apparatus and list the colours of the spectrum	

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Science

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Student:	Class:
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At Junior Certificate level I can:

Apply my knowledge of substances

	Date Commenced:	Date Awarded:	00/00/00
Lear	ning Targets I can		
1 Nar	ne the 3 states of matter		
2 Per	orm simple experiments to investigate changes of state		000
3 Sep	arate mixtures using at least 3 of the following technique Filtration Evaporation Distillation Chromatography	25	000
4 Gro	v crystals using alum or copper sulphate		000
5 Dra	v a solubility curve		
6 Clas	sify materials as elements or compounds using the perio	dic table	
7 Use	the periodic table to identify metals and non-metals		
8 List	two properties of a metal and of a non-metal		
9 Inve	stigate the conditions necessary for rusting and preventi	on of rusting	
10 Nar	ne two alloys and give one use for each		000

Refer also to: Art, Home Economics, Personal and Social Development, Physical Education, Maths

Science

Statement code no. 12

Student:	Class:
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At Junior Certificate level I can:

Apply my knowledge of the applications of Chemistry

Date Commenced:	ed:
Learning Targets I can	
1 Test solutions and classify these as acidic, basic or neutral	000
2 Investigate the pH of a variety of materials using a pH indicator	000
3 State the names and formulae of three laboratory strong acids and bases	000
4 Carry out an experiment to show that salt and water are produced when an acid neutralises a base	000
5 Name the compounds that cause hardness in water and outline a simple test for hardness in water	000
6 Describe the process of water treatment and give a reason for each step	000
7 Recall the formula for water and investigate this using electrolysis	000
8 Draw the structure of an atom	000
9 Complete a table describing protons , neutrons and electrons under the following headings: charge, location and mass	000
10 Give two differences between ionic and covalent bonding	000

Refer also to: Art, Home Economics, Personal and Social Development, Physical Education, Maths

Work begun



■□□ | Work in progress ■■□



Work completed



Science

Statement code no. 13

Student:	Class:
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At Junior Certificate level I can:

Apply my knowledge of Atmosphere and Gases

	Date Commenced:	Date Awarded:	00/00/00
Learnin	g Targets I can		
1 Name the	different gases present in air		000
2 Show that	t one fifth of the air is made up of oxygen		
	sample of oxygen and a draw a labelled diagram oxygen using a glowing splint	of the of	000
4 Prepare a of the pro	sample of Carbon Dioxide and draw a labelled dia cess	gram	000
5 Test for Ca	arbon Dioxide using limewater		000
6 Show that	t CO ₂ does not support combustion		
7 Name 2 fo	ossil fuels and name two products of burning fossil	fuels	
8 Describe t	he effect of acid rain		
9 Describe t plastics	two advantages and two disadvantages of non-bio	odegradable	000

Refer also to: Art, Home Economics, Personal and Social Development, Physical Education, Maths

Environmental Biology

Science

Statement code no. 14

Student:	Class:
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At Junior Certificate level I can:

Apply my knowledge of Environmental Biology

Learning Targets I can 1 List the seven characteristics of living things 2 Draw a labelled diagram of an animal cell and a plant cell as seen under the light microscope 3 Identify the main parts of a microscope and give the function of each part
2 Draw a labelled diagram of an animal cell and a plant cell as seen under the light microscope
4 Prepare a slide from plant tissue and draw a sketch of the cells under
magnification 5 Use a simple key to identify plants and animals 6 Use a quadrat to estimate the frequency of a named plant in a habitat
7 List three pieces of equipment used to collect small animals /insects. Draw a sketch of each piece and describe briefly, how each can be used
8 Identify a producer, a consumer and a decomposer in a food chain 9 Investigate the presence of micro-organisms in soil and air
10 Give one use of biotechnology in industry and medicine

Refer also to: Art, Home Economics, Personal and Social Development, Physical Education, Maths

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Science

Statement code no. 15

Student:	Class:
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At Junior Certificate level I can:

Apply my knowledge of Food Digestion and Excretion

	Date Commenced:)/00/00
Le	earning Targets I can	
1	Identify three foods that are a good source of each of the following: carbohydrate, fat and protein	000
2	Carry out tests for fat, reducing glucose, starch and protein	000
3	Use the food pyramid as a guide to a balanced diet	000
4	Read the energy values of food levels and compare the energy content Per 100g of a number of foods	000
5	Investigate the simple conversion of chemical energy in food to heat energy	000
6	Identify and label the major parts of the digestive system and give afunction to each	000
7	Identify and give the function of incisors , canines, premolars and molars	
8	Investigate the action of amylase on starch	
9	Explain excretion. List the main organs and products of excretion	000
10	Label the major parts of the urinary system on a diagram and give the functions of each part	000

Science

Statement code no. 16

Student:	Class:
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At Junior Certificate level I can:

Apply my knowledge of Breathing, Respiration and Circulation

Date Commenced:	0/00/00
Learning Targets I can	
1 Label the major parts of the breathing system	000
2 Describe the exchange of gases between the lungs and the blood	000
3 Carry out an experiment to compare the amount of carbon dioxide in inhaled and exhaled air	000
4 Give a word equation for aerobic respiration	000
5 Name four parts of the blood and give a function of each	000
6 Label and give the function of the blood vessels carrying blood to and from the heart	000
7 Name the parts of the heart and explain the function of each part	000
8 Describe one cause of heart disease and one way of preventing it	
9 Recall the average pulse rate for an adult at rest	
10 Investigate the effect of exercise on pulse rate and /or breathing rate	

Refer also to: Art, Home Economics, Personal and Social Development, Physical Education, Maths

Science

Statement code no. 17

Student:	Class:
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At Junior Certificate level I can:

Apply my knowledge of Movement, Sensitivity, Reproduction and Genetics

	Date Commenced:		Date Awarded:	00/00/00
Le	earning Targets I can.			
1	List the functions of the skeleton			000
2	Identify and locate the major bones o ribs, collar bone, shoulder blade and		, vertebrae,	000
3	Name the three types of joint and des	scribe the type of move	ment they allow	000
4	List the five senses and name the org	ans associated with eac	ch	
5	Label a diagram of the human eye an	d give a function of eac	ch part	000
6	Give one difference between a sensor	y nerve and a motor ne	erve	000
7	Label the main parts of the male and function of each parts	female reproductive an	d give the	000
8	Describe the menstrual cycle			000
9	Define fertilisation and say where it n	ormally occurs		000
10	List two genetic characteristics			000

Work begun	Work in progress	■■□ Work completed	
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Plant Biology 2

Science

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Student: Class:

At Junior Certificate level I can:

Apply my knowledge of flowering plants

Date Commenced:	00/00/00
Learning Targets I can	
1 Label the main parts of a flowering plant on a diagram and give the function of each part	000
2 Investigate the transport of water in plants and show the path of water through the plant	000
3 Investigate the transpiration stream in plants	000
4 Describe the process of photosynthesis	
5 Give a word equation for photosynthesis	000
6 Show that starch is produced by a photosynthesising plant	000
7 Investigate the growth responses of plants to light	
8 Identify and name the main parts of a flower	
9 List two methods of seed dispersal and give an example of each	
10 Investigate the conditions necessary for germination	

Refer also to: Art, Home Economics, Personal and Social Development, Physical Education, Maths

Science

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Student: Class:

At Junior Certificate level I can:

Apply my knowledge of Energy and Energy Conversions

	Date Commenced:	10/00
Le	earning Targets I can	
1	Define work in scientific terms and state its unit of measurement	
2	State the difference between work and power and name the unit of measurement of power	
3	List 7 different types of energy and give an everyday example in each case	000
4	Give 3 examples of energy conversions in the home and name the energy types involved	000
5	Trace energy conversions back to their primary source	000
6	Show by experiment the conversion of chemical energy to electrical energy to heat energy	000
7	Show by experiment the conversion of electrical energy to magnetic energy to kinetic energy	
8	Show by experiment the conversion of light energy to electrical energy to kinetic energy	
9	List three energy sources and give one advantage and disadvantage of each	
10	Give 3 examples of how energy could be conserved in the home	$\bigcirc\bigcirc\bigcirc$

Refer also to: Art, Home Economics, Personal and Social Development, Physical Education, Maths

Science

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Student: Class:

At Junior Certificate level I can:

Apply my knowledge of Heat, Light and Sound

	Date Commenced:/	
Le	earning Targets I can	
1	Investigate the effect of heating and cooling on solids, liquids and gases	
2	Determine the temperatures at which ice melts and water boils	
3	Carry out experiments that involve changes of state	
4	Investigate how heat is transferred by conduction, convection and radiation	
5	Compare the insulating properties of different material	000
6	Demonstrate that light travels in straight lines	
7	Disperse white light into its different colours and name the colours of the viable spectrum	
8	Demonstrate the reflection of light using mirrors	
9	Show that sound is a form of energy and is caused by vibrations	
10	Tell which is faster, the speed of sound or the speed of light and explain the time difference between seeing and hearing the same event	000

Work begun	■□□ Work in progress	Work completed	
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Science

Statement code no. 21

Student:	Class:
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At Junior Certificate level I can:

Apply my knowledge of Magnetism, Electricity and Electronics

	Date Commenced:						
Le	Learning Targets I can						
	Show the attraction and repulsion between magnets and test different materials for magnetism	000					
	Create a static electricity charge using simple materials and demonstrate the effect of earthing charged objects	000					
	Perform a test to see if an object is an insulator or conductor of electricity using an electrical circuit	000					
	Distinguish between direct current (DC) and alternating current (AC) and state the type of current and the voltage of the mains electricity supply	000					
	Calculate the cost in euros of running an electrical appliance using the power rating of the appliance, the duration of use and the price of mains electricity	000					
	Wire the plug of an electrical device correctly and identify the locations of the live, neutral and earth wires						
7	Describe how a fuse in an electrical circuit works as a safety measure against overheating	000					
8	Explain the importance of a circuit breaker or fuse board in the home						
9	Set up a simple circuit using switches, LEDs , resistors and buzzers						
10	Give an example of the use of LEDs and LDRs in everyday life						

Work begun	■□□ Work in progress	■■□ Work completed	
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