## **Invasion Games (Level 1)**

PE

Statement Code no: 3

Student:	Class:

At Junior Certificate level the student can:

## Design and participate with confidence in an invasion game (Level 1)

	Date Commenced: OO/OO/OO Date Awarded: O	00,00,00				
Learning Targets* - This has demonstrated by your ability to:						
1	Bring the correct clothing and equipment to class	000				
2	Handle equipment carefully and safely	000				
3	Carry out instructions when given	000				
4	Know how to warm up and know why it's important	000				
5	Understand and know how to play in attack in an invasion game	000				
6	Understand and know how to play in defence in an invasion game	000				
7	Learn the basic skills needed to take part in invasion games	000				
8	Follow the rules and scoring of the game	000				
9	Learn the importance of teamwork	000				
10	Demonstrate good teamwork	000				
11	Know how to cool down and know why it's important	000				
12	Learn the importance of rules in a game	000				
13	Design a safe invasion game with easy to follow rules	000				
14	Explain the new game	000				
15	Know how to improve your performance	000				
16	Take part in an invasion game challenge	000				

\*Two targets from HR statement must be undertaken in order to complete this statement

	Work begun $lacktriangle$	Work in progress		Work completed	
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